An Our Lady of Mount Carmel Student is wrapped in the A.R.M.S. of the Church by being:

**Accountable**
- Takes responsibility for words and actions and the impact they have on self and others
- Respects rules and demonstrates qualities of a faith-filled citizen

**Respectful**
- Displays an understanding of social, cultural and economic differences
- Demonstrates care and compassion for others and self

**Merciful**
- Shows compassion for and is generous to those in need
- Relates to peers and demonstrates forgiveness and support when necessary

**Spiritual**
- Develops morality based on Catholic values
- Demonstrates knowledge of Catholic teachings and traditions through worship and stewardship.